

衛 生 局 Serviços de Saúde

疾病預防控制中心 技術指引

CDC (Macao SS) Technical Guidelines

No.: 099.CDC.NDIV.GL2020

Ver.: 2.0

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預防新型冠狀病毒肺炎 - 集體節慶、文娛、康體活動的管理建議

Prevent Novel Coronavirus Pneumonia – Advice on the Management of Collective Festive Events, and Recreational and Sports Activities

In view that population gathering and face-to-face contact are important factors for the transmission of the novel coronavirus, this guideline is formulated with an aim to reduce the risk of spreading the disease during collective festive events, as well as recreational and sports activities.

(I) Management of contestants, performers and staff

- 1.1 Understand the detailed travel history (including border crossing) of all contestants, performers and staff during the past 14 days; advise them to stay in Macao during the 14 days preceding their training, rehearsal or work, and refrain from outbound travel, particularly avoid travelling to countries/ areas where new COVID-19 cases are still being reported.
- 1.2 Take body temperature for individuals entering the event venue and require them to submit the Macao Health Code. Decline admission of any person with fever or respiratory symptoms.
- 1.3 All contestants, performers and staff are advised to wear a mask at all times. The mask should not be removed unless absolutely necessary, such as eating. When not wearing a mask, a minimum distance of 1 metre should be maintained from others
- 1.4 In event the nature of activity does not favour the contestants or performers to wear a mask (e.g. physical trainings, sports competitions, performances), and a minimum distance of 2 metres cannot be maintained during the activity, a nucleic acid test for COVID-19 should be performed before participating in such collective training or rehearsal.
- 1.5 Group physical trainings or rehearsals should be conducted in outdoor open spaces as much as possible. Before training or rehearsal, the group/team must ensure that all members are free of fever or discomfort.
- 1.6 Stagger the times of trainings, rehearsals, competitions or performances to minimize crowd gathering at different time slots and different spaces.
- 1.7 Arrange separate spaces for different groups/teams, to avoid intermingling of members



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of different groups/teams as much as possible.

- 1.8 Minimize meetings or other gatherings, or replace them with conference call or broadcast; if meetings or gatherings are inevitable, make sure you wear a mask and observe a distance of at least 1 metre from others.
- 1.9 Gathering together for meals is not recommended. Members of the same group/team should eat in the allocated spaces if possible. Keep a minimum distance of 1 meter from each other while eating, or set up a waterproof partition with at least half a meter high on the tables to prevent the spread of droplets. Disinfect all waterproof partitions with 1:100 diluted bleach solution after each meal.
- 1.10 In the event of a sudden increase in the number of contestants, performers or staff falling ill, immediately notify the organizers and the Centre for Disease Prevention and Control of the Health Bureau.

(II) Management of spectators and participants

- 2.1 Perform crowd management by limiting the capacity of the venue (including spectators and participants) to 50% of the normal capacity or below. Suspend admission to the venue when there are too many people, and line up spectators or participants waiting for admission in an open space with an arm's length distance apart from each other.
- 2.2 Take body temperature for all individuals entering the venue and require them to submit the Macao Health Code. Decline admission of any person presenting with fever or respiratory symptoms.
- 2.3 Require all spectators and participants to wear a mask in the venue at all times. The mask should not be removed unless absolutely necessary (e.g. while eating). When not wearing a mask, a minimum distance of 1 metre should be maintained from others.
- 2.4 Spectators should be seated at least 1 metre apart, while the seats should be cleaned and disinfected regularly and more frequently with 1:100 diluted bleach solution.
- 2.5 A signage should be put up in the venue to remind people to observe personal hygiene and not to assemble; advise assembling crowds to disperse or leave.



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- 2.6 For game booths and experiential activities, avoid sharing of equipment and tools; otherwise, clean and disinfect them with 1:100 diluted bleach solution promptly after each use.
- 2.7 Food stalls can only offer takeaway food.
- 2.8 All booths and stalls, regardless of their nature, are advised to adopt appropriate crowd management and avoid people gathering. For instance, line up patrons or participants in an open space with an arm's length distance apart from each other wherever possible.

(III) Other management measures

- 3.1 Prepare in advance an appropriate amount of anti-epidemic supplies such as spare facemasks, thermometers, liquid soap, cleaning and disinfection materials, etc.
- 3.2 Increase the frequency of cleaning and disinfection of equipment and articles in the venue, particularly frequently touched surfaces and toilets;
- 3.3 Toilets should be furnished with adequate liquid soap, as well as disposable paper towels or a functioning hand dryer.
- 3.4 An appropriate supply of alcohol-based sanitizers should be made available to the public at suitable locations in the venue, particularly where toilet or hand wash facilities are inadequate.
- 3.5 Reduce using air conditioner if possible; keep windows open instead to ensure good indoor ventilation. If the use of air conditioner is inevitable, normal operation of the ventilation system should be guaranteed.

For more guidelines on personal hygiene, environmental cleaning and disinfection, air-conditioning and others, please visit the Special Webpage Against Epidemics: https://www.ssm.gov.mo/PreventCOVID-19

Centre for Disease Prevention and Control Health Bureau of Macao SAR Government



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