



澳門特別行政區政府
Governo da Região Administrativa
Especial de Macau
衛生局
Serviços de Saúde

疾病預防控制中心
技術指引
CDC (Macao SS)
Technical Guidelines

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預防新型冠狀病毒肺炎 - 體育設施的管理建議

Prevention of Novel Coronavirus Infection – Advice on Management of Sports Facilities

In view that population gathering and face-to-face contact are important factors for the transmission of novel coronavirus, this guideline is formulated with an aim to reduce the risk of spreading the virus in public sports facilities (both indoor and outdoor).

(I) Management of Facilities

1. Avoid sharing of equipment and articles; otherwise, clean and disinfect them promptly after each use.
2. Communal sports equipment and furniture should be placed at least 1 metre apart or separated by a waterproof partition. Clean and disinfect them promptly after each use.
3. A signage should be put up in facilities to remind users to observe personal hygiene, stay at least 1 metre apart from each other, and not to assemble.
4. Keep windows open in indoor sports facilities to ensure good indoor ventilation, avoid using air conditioner if possible. If the use of air conditioner is inevitable, normal operation of the ventilation system should be guaranteed.
5. Provide toilets with liquid soap and disposable tissues, and ensure proper functioning of the equipment.
6. Increase the frequency of cleaning and disinfection of equipment and articles in the facilities, particularly frequently touched surfaces and toilets.

(II) Management of Users

1. It is recommended to adopt a reservation system. Encourage users to make a reservation online, and consider using mobile app or SMS reminders to avoid prolonged waiting times in/ outside sports facilities.
2. Perform crowd management by limiting the number of people (including staff and users) in the facilities to 50% of the normal capacity or less; suspend admission to the facilities when there are too many people, and line up users waiting for admission in an open space with an arm's length distance apart from each other.



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3. Take body temperature for individuals entering the facilities and require them to present “[Macao Health Code](#)”; decline admission of people with fever or respiratory symptoms.
4. Considering that routine health declaration collection mechanism is in place at schools, the presentation of “Macao Health Code” by students is not necessary when they participate in study or activities organized by schools; instead, schools are responsible for the collection of health declaration from students and ensure all students admitted to the facilities are free from fever or respiratory symptoms.
5. Require all people entering and staying in the sports facilities to wear a mask. The mask can only be removed when necessary (i.e. physical trainings and sports competitions), and a minimum distance of 2 metres should be maintained from other persons in such cases. In event the nature of activity does not favour the wearing of mask, and a minimum distance of 2 metres cannot be maintained during the activity, a nucleic acid test for COVID-19 should be performed before participating in such activity.
6. Parents and guardians should take good care of their infants and children, and prevent them from having close contact with other individuals in the facilities.
7. All collective activities or competitions should follow relevant anti-epidemic guidelines according to their nature.

Please visit the Special Webpage Against Epidemics for relevant guidelines:
<https://www.ssm.gov.mo/PreventCOVID-19>.

Centre for Disease Prevention and Control
Health Bureau of Macao SAR Government