

澳門特別行政區政府 Governo da Região Administrativa Especial de Macau

衛 生 局 Serviços de Saúde

疾病預防控制中心 技術指引

CDC (Macao SS) Technical Guidelines

No.: 099.CDC.NDIV.GL2020

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預防新型冠狀病毒肺炎 - 集體節慶、文娛、康體活動的管理建議

Prevention of Novel Coronavirus Pneumonia – Advice on the Management of Collective Festive Events, and Recreational and Sports Activities

In view that population gathering and face-to-face contact are important factors for the transmission of the novel coronavirus, this guideline is formulated with an aim to reduce the risk of spreading the disease during collective festive events, as well as recreational and sports activities.

(I) Management of contestants, performers and staff

- 1.1 Take body temperature for individuals entering the event venue and require them to submit the Macao Health Code. Decline admission of any person with fever or respiratory symptoms.
- 1.2 All contestants, performers and staff are advised to wear a mask at all times. The mask should not be removed unless absolutely necessary, such as eating. When not wearing a mask, a minimum distance of 1 metre should be maintained from others
- 1.3 In event the nature of activity does not favour the contestants or performers to wear a mask (e.g. physical trainings, sports competitions, performances), and a minimum distance of 2 metres cannot be maintained during the activity, a nucleic acid test for COVID-19 should be performed before participating in such collective training or rehearsal, or else two doses of COVID-19 vaccine should be received at least 14 days earlier.
- 1.4 Group physical trainings or rehearsals should be conducted in outdoor open spaces as much as possible. Before training or rehearsal, the group/team must ensure that all members are free of fever or discomfort.
- 1.5 Stagger the times of trainings, rehearsals, competitions or performances to minimize crowd gathering at different time slots and different spaces.
- 1.6 Arrange separate spaces for different groups/teams, to avoid intermingling of members of different groups/teams as much as possible.
- 1.7 Minimize meetings or other gatherings, or replace them with conference call or broadcast; if meetings or gatherings are inevitable, make sure you wear a mask and observe a distance of at least 1 metre from others.
- 1.8 Members of the same group/team should dine in the allocated spaces if possible. Keep a



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minimum distance of 1 meter from each other while eating, or set up a waterproof partition which is at least half a meter high on the tables to prevent the spread of droplets. Disinfect all waterproof partitions with 1:100 diluted bleach solution after each meal.

- 1.9 Avoid arranging meal gatherings as far as possible; if inevitable, observe the measures stipulated in "Prevent Novel Coronavirus Pneumonia Advice on the Management of Group Catering Events".
- 1.10 In the event of a sudden increase in the number of contestants, performers or staff falling ill, immediately notify the organizers and the Centre for Disease Prevention and Control of the Health Bureau.

(II) Management of spectators and participants

- 2.1 Perform crowd management as appropriate. Suspend admission to the venue when there are too many people, and line up spectators or participants waiting for admission in an open space.
- 2.2 Take body temperature for all individuals entering the venue and require them to submit the Macao Health Code. Decline admission of any person presenting with fever or respiratory symptoms.
- 2.3 Require all spectators and participants to wear a mask in the venue at all times. The mask should not be removed unless absolutely necessary (e.g. while eating). When not wearing a mask, a minimum distance of 1 metre should be maintained from others.
- 2.4 Spectators should be seated at least 1 metre apart, while the seats should be cleaned and disinfected regularly and more frequently with 1:100 diluted bleach solution.
- 2.5 A signage should be put up in the venue to remind people to observe personal hygiene and not to assemble; advise assembling crowds to disperse or leave.
- 2.6 For game booths and experiential activities, avoid sharing of equipment and tools; otherwise, clean and disinfect them with 1:100 diluted bleach solution promptly after each use.
- 2.7 For the management of food stalls, please refer to "Prevent Novel Coronavirus Pneumonia Advice on the Management of Events with Food Stalls".



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(III) Other management measures

- 3.1 Prepare in advance an appropriate amount of anti-epidemic supplies such as spare facemasks, thermometers, liquid soap, cleaning and disinfection materials, etc.
- 3.2 Increase the frequency of cleaning and disinfection of equipment and articles in the venue, particularly the surfaces of tables, seats, toilets and frequently touched areas. Toilets should be furnished with adequate liquid soap, as well as disposable paper towels or a functioning hand dryer.
- 3.3 Alcohol-based sanitizers should be made available to the public where appropriate, such as at the entrances or booths.
- 3.4 Maintain adequate fresh air supply indoors; if air conditioners are used, the fresh air and filtration systems should be maintained in good operation, cleaned and disinfected properly.

For more guidelines on personal hygiene, environmental cleaning and disinfection, air-conditioning and others, please visit the Special Webpage Against Epidemics: https://www.ssm.gov.mo/PreventCOVID-19.

Centre for Disease Prevention and Control Health Bureau of Macao SAR Government